

Mary F. Therapy

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Associate Marriage and Family Therapist, License # pending

Qualifications & Professional Skills in Counseling

Children Counseling: Theraplay with children and families implementing sand therapy to enhance healthy attachment; Gestalt Play Therapy and Child Centered Play Therapy with children; Implement puppets, art, mutual storytelling, and bibliotherapy with children

Adolescent Counseling: Facilitated Person Centered Therapy focusing on self-esteem; Conducted Motivational Interviewing

Individual Counseling: Acceptance Committed Therapy (ACT) for clients who have experienced trauma; Developmental Counseling Therapy (DCT) and DCT Assessment to assess for a theoretical approach; Utilize Person Centered Therapy, Cognitive-Behavioral Therapy, and Reality Therapy

Couples and Family Counseling: Theraplay and Structural Therapy to assist families with healthy attachment and boundaries; Implemented the Communication Model to assist couples in arguments; The Five Love Language Assessment to communicate needs in the relationship

Multicultural Counseling: Training in Multicultural Aspects of Counseling; Incorporated Theraplay for clients with disabilities

Mental Health Counseling: Provide comprehensive and holistic treatment to clients struggling with mental health issues; Utilize Emotionally Focused Therapies, meditation and psychotherapy

Crisis and Case Management: Knowledge in mandates for child abuse, harm to self or others, and elder or dependent adult abuse; Experience completing CPS reports; Significant experience assessing for suicidal ideation, creating safety plans, and providing referrals; Created safety plans for Intimate Partner Violence; Assessed for Tarasoff; Proficient in documenting crises via consultation notes and reporting to the appropriate supervisor; Maintained caseload and is consistent with intakes, progress notes, and treatment plans; Adhere to ethical guidelines for therapeutic sessions

Assessments: Developmental Counseling Therapy (DCT), *The Five Love Languages*, Didactic Scale

Languages: Spanish and English; Translator

Education

Master of Science in Counseling - Option in Marriage, Family, and Child Counseling California State University, Fresno <i>Graduated with Distinction</i>	May 20xx GPA: 4.00
Bachelor of Art in Psychology Minor in Applied Behavior Analysis California State University, Sacramento	May 20xx GPA: 3.70
Associate of Arts in Liberal Arts Fresno City College, Fresno, CA	May 20xx GPA: 3.31

Certifications & Trainings

The Mindfulness Meditation Teacher Certification Program The Awareness Training Institute and Greater Good Science Center – UC Berkeley - Scotts Valley, CA	Aug 20xx
Genesis Continuing Educational (CE) Group Ethical Principles of Psychologists and Code of Conduct; NBCC Code of Ethics	December 20xx
Introduction for Professionals to EFT and EFFT	February 20xx
A Relational Gestalt Approach to Mindfulness	March 20xx
Online Emotionally Focused Therapy (EFT) Training	May 20xx
Nurturing Parenting 3-Day Facilitator Training	April 20xx
Healing Trauma with the Body	May 20xx
Power of Awareness Training	May 20xx

Research Project

The Counselor as Hero: A Jungian Perspective of the Practicum Experience, Fresno State
Project Advisor: Dr. Someone Important, PhD, LMFT, LPCC

Sept 20xx - May 20xx

- Followed a Jungian theoretical approach to better understand the counselor development process in the practicum course
- Connected the Integrative Processing Model Papers, reflections from counseling students, to *The Hobbit* and *The Two Princesses of Bamarre* to understand the counselor-in-training as a hero, and to discover more about the process of counselors-in-training trusting their own skill set in session, and discovering their shadow selves

Counseling Experience

Marriage, Family, and Child Counselor Trainee - Fresno Family Counseling Center Fresno, CA
Supervision by Dr. Someone Important, LMFT, License #12345; Dr. Someone Brilliant, LMFT, License #12345

Jan 20xx - Present

- Provide crisis, individual, group, couple, and family therapy for clients with a variety of presenting problems
- Collect and evaluate client information
- Develop therapeutic interventions, treatment plans, and facilitate assessments
- Consult with other professionals to discuss therapy sessions during supervision
- Analyze data such as interview notes, test results, and reference manuals
- Case management with clients and prospective clients
- Conduct phone intakes and refer clients to appropriate resources in order to address needs
- Maintain progress notes for all clients to ensure proper documentation of session content and interventions
- Issue referrals; maintain client paperwork and payments
- Complete paperwork to enable clients to satisfy court and/or agency requirements

Behavior Consultant - Learning A.R.T.S (Applied Research and Training Services) Fresno, CA

Month 20xx - Month 20xx

- Case and team management who designed, implemented, and analyzed data on behavior intervention plans to increase target behaviors in social, personal, and academic skills
- Performed comprehensive evaluations of children on the Autism Spectrum in reciprocal social interactions
- Communication, language and restricted and repetitive behaviors

Behavior Consultant - Dr. Anyone Doctor, PhD. Visalia, CA

Month 20xx - Month 20xx

- Case management and performed comprehensive evaluations of adult males with developmental disabilities in reciprocal social interaction, communication, language and restricted and repetitive behaviors
- Designed and implemented behavior intervention plans to increase target behaviors in social and personal skills

Presentations

Therapy, M., (20xx, June). *Telehealth with Kids*. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Sacramento, CA.

Therapy, M., (20xx, December). *Using Art Therapy with Adults*. Paper presented at the meeting of the California Counseling Association, Los Angeles, CA.

Community & Global Involvement

Habitat for Humanity , Fresno, CA	Jan 20xx – June 20xx
YouthLinc , Khao Lak, Thailand	June 20xx
Helped build and improve orphanage structures while teaching English classes to local students	
Choice Humanitarian , Guatemala	Dec 20xx- Jan 20xx
Worked in a team to build a health clinic for the people of a remote village, La Laguna de Sajonte	

Professional Affiliations

- California Association of Marriage and Family Therapist (CAMFT), Member
- Counseling Academic and Professional Honor Society International Chi Sigma Iota

20xx - Present
20xx - Present

Honors & Awards

- Merry West Outstanding Re Entry Student Award (20xx-20xx), California State University, Fresno
- President's list (6x); Dean's list (4x), California State University, Fresno

Suggested Headings to Consider:

ACADEMIC PREPARATION:

Education/Credentials | Coursework | Research/Lab Experience | Teaching Experience | Special Skills | Program & Workshops | Professional Affiliations | Professional Experience | Languages | Licensure

GRANTS RECEIVED:

Publications | Presentations | Posters | Fellowships | Honors/Achievements | Awards | Dissertation/Thesis | Committee Leadership | Consulting Experience | Exhibits/Exhibitions

PROFESSIONAL SERVICE:

Internships | Certifications | Creative Works | Research Interests | Teaching Interests | Special Training | Community Involvement | Works-in-Progress | Co-curricular Activities | Academic Service