

PRONOUNS

He/Him/
His

She/Her/
Hers

They/
Them/
Theirs

Ze/Zir/
Zirs

Pronouns are how we refer to ourselves in the third person. Some people choose to change their pronouns.

✓ **Always Ask!**

Ask which pronouns people go by. If you can't tell just by looking at someone.

✓ **Be Respectful**

Use and respect everyone's name and pronouns. It's not up to you to decide someone else's identity!

✓ **Practice!**

If you have trouble using someone's name or pronouns, practice! Ask others to point out when you've made a mistake.

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Pronouns: Ways to Ask

YOU CAN ASK: I would like to respect your gender identity, may I ask which pronouns you use?

OR



**Introduce yourself w/
pronouns!**



**Use nametags with
pronouns**

For more info:

**[https://www.fresnostate.edu/studentaffairs/
ccgc/gender/
ccgcgender@mail.fresnostate.edu](https://www.fresnostate.edu/studentaffairs/ccgc/gender/)**