

SOPHOMORE (2ND YEAR) CHECKLIST

Cohort (Term/Year): _____

Catalog Year: _____

<p><u>FINANCIAL AID</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Renew CA Dream Act application for next AY 21-22 (my 3rd year). Apply Oct. 1 – March 2nd. <input type="checkbox"/> Completed Fresno State Scholarship for next AY 21-22 (my 3rd year). Deadline March 2nd. <input type="checkbox"/> Applied to at least 3 other scholarships for next AY21-22 (my 3rd year). <input type="checkbox"/> I meet Satisfactory Academic Progress (SAP) with financial aid. <input type="checkbox"/> Learn about budgeting/savings. Get a one-on-one appointment with a Money Management coach. 	<p><u>ACADEMICS</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Meet with my academic advisor (at least once per semester) <ul style="list-style-type: none"> o Fall Meeting _____ o Spring Meeting: _____ <input type="checkbox"/> Ensure I am taking both GE and major courses (if declared) <input type="checkbox"/> Meet with my advisor in the Dream Success Center (at least once per semester) <ul style="list-style-type: none"> o Fall Meeting _____ o Spring Meeting: _____ <input type="checkbox"/> Visit tutoring through the Learning Center and/or Supplemental Instruction <input type="checkbox"/> Visit writing center workshops or formal classes to help with my writing SPECIAL ATTENTION: learn more about proper citation. <input type="checkbox"/> Fill out your academic planner with course details: tests, midterms, assignment due dates, etc. <input type="checkbox"/> Attend an academic skills workshop <input type="checkbox"/> Meet with an academic coach in Support Net to enhance study skills <input type="checkbox"/> Meet with my professors/instructors at least once during office hours, talk to them about opportunities for research and internships. <input type="checkbox"/> Consult with Dream Success Center if I plan to take a summer class. 	<p><u>CAREER/POST GRAD</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Apply for an internship related to my field of study or general interest. <input type="checkbox"/> Update information in HireFresnoState/LinkedIn account. Explore job postings with career coach. <input type="checkbox"/> Learn about job requirements in a desired career field. <input type="checkbox"/> Create and/or update a master resume and learn what a CV is (curriculum vitae. (Career Development Center) <input type="checkbox"/> Update your personal statement to make this your solid draft. <input type="checkbox"/> Attend a “What is Graduate School” workshop. (GradNet). <input type="checkbox"/> 	<p><u>STUDENT INVOLVEMENT & PERSONAL WELLNESS</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Attend Dream Success Center workshops (at least 1-2 per semester) <input type="checkbox"/> Visit Health Center (doctor’s check-up, women’s health, etc.) <input type="checkbox"/> Visit Health Center Counseling or Let’s Talk program to check for my mental well-being, especially when you are having academic difficulty, feeling stressed, sad, anxious, distracted, avoiding friends, family, or other commitments <input type="checkbox"/> Attend the Emerging Leaders workshops and/or retreat. <input type="checkbox"/> Attend a conference and/or event related to your major. <input type="checkbox"/> Get involved by volunteering in something I am interested in.
<p><u>THINGS TO ASK/DISCUSS WITH MY ADVISORS</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Ask to review your DPR and see if you will be completing 60 units by the end of your Sophomore year? <input type="checkbox"/> Thinking of changing majors? Consult with my academic advisor about this. <input type="checkbox"/> Update or create a My Degree Plan (graduation plan) <input type="checkbox"/> If I have issues with not getting into classes for my major and/or GE talk to my advisor for assistance. <input type="checkbox"/> Are there opportunities for me to volunteer or get an internship related to my major? <input type="checkbox"/> Should I consider a minor or certificate? 			
<p><u>GENERAL TIPS</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> 2nd year is tough, but you are not alone. Always remember to seek help and stay connected with the Dream Success Center. <input type="checkbox"/> Check email daily (open and read emails). <input type="checkbox"/> Check Student Center (myFresnoState) often. Special attention to: <ul style="list-style-type: none"> o Important Info & Holds o Account inquiry to see any balances that need to be paid. 			