Prepared by Lags Medical Center in collaboration with MAT Access Points project and funding through the Sierra Health Foundation.

### CLOTHING

Catholic Charities: (559)237-0851

www.ccdof.org. Clothing, emergency food

supplies.

## Clovis 7th Day Adventist Community Services:

(559) 291-9121. The free clothing bank can distribute and help low income families and individuals. The center will offer support to those in need with clothing as supplies and resources allowed. Immigrants can get school items (pens, notebooks, and more) for their kids. Students can also set help.

**Fresno Rescue Mission**: (559)268-0839 www.fresnorescuemission.org Providing Emergency Services, nourishing meals, long term recovery programs, and other services to homeless and hurting individuals and families in Fresno County.

### **DISABILITY SERVICES**

Disability Rights California (DRC): (559) 476-2000. 1-800-776-5746. 1-800-719-5798 TTY www.disabilityrightsca.org. Legal services organization which advocates, educates, investigates, and litigates to advance the rights, dignity, equal opportunities, and choices for all people with disabilities.

## Fresno county Senior Resource Center Service

Center: 1-855-832-8082

www.co.fresno.ca.us/departments/socialservices/assistance-pr0grams/aged-blind-anddisabled-abd-medi-cal. Assistance accessing programs for seniors including health care coverage, food, and housing.

State Disability Office: (800) 480-3287 Mon-Fri: 8am-5pm - Closed holidays. www.edd.ca.gov/disabilityicontact-sdi.htm

#### **DOMESTIC VIOLENCE**

Centro La Familia Advocacy Services: (559) 237-2961. <a href="www.centrolafamilia.org">www.centrolafamilia.org</a> Addressing domestic violence, human trafficking, and sexual assault, through referrals and support groups.

Charis Educational Services: (559) 681-0786 Domestic Violence, Anger Management, Co-Parenting, Parenting classes.

Comprehensive Counseling Services: (559) 233-5505. Providing Anger management, domestic violence, and child abuse counseling, in addition to chemical dependency, and spiritual wellbeing.

**Family Healing Center**: (559) 840-1012 www.fhcfresno.org. Caring for victims of Child Abuse, Domestic Violence, Sexual Assault, and Family Violence.

Marjaree Mason Center: (559) 237-4706 (office) or (559) 233-4357 24-hour Hotline. www.mmcenter.org. Provides safe and confidential shelter for victims (male and female) of domestic violence and their children. Services include housing, restraining orders, and case management. All services are confidential.

RCS Fresno Rape Counseling Services: (559) 497-2900 (559) 222-7273 (Hotline) www.rcsfresno.org. RCS Fresno provides a pathway to healing for victims of sexual assault and raising awareness to prevent the occurrence of sexual violence. Also provides a 24-hour crisis line.

#### Saint Agnes Holy Cross Center for Women:

(559)450-7800; Mon-Fri: 8am-4pm Sat: 8am-11:30am. samc.com/location/saint-agnes-holycross-center-for-women. Respite and learning center for homeless and low-income women and their children, offering counseling and referral services.

### **DRUG & ALCOHOL/MENTAL HEALTH SERVIGES**

Aegis Medical Systems, Inc: (559) 229-9040 www.aegistreatmentcenters.com/clinics Multiple locations - Treatment for opioid addiction; Medication assisted treatment (MAT) and counseling.

Alcoholics Anonymous (A.A.): (559) 221-6907 English (24 Hour Phone). (559) 266-6752 Spanish www.fresnoaa.org. Alcoholism treatment program.

Al-Anon 24-hour line: (559) 444-0224 www.scws-al-anon.org/index.php Helping family, friends, children and loved ones under the problem of alcoholism as it affects them.

BAART Programs: baartprograms.com E Street (559) 268-6261; Van Ness (559) 266-9581; Cartwright (559) 498-7100. Medication Hours. Monday-Friday: 5:30 a.m. - 1:00 p.m. Saturday-Sunday: 6:00 a.m. - 9:00 a.m. Holidays: 6:00 a.m. - 8:00 a.m. Provides medication-assisted treatment (MAT) for opioid use disorder, using methadone and buprenorphine.

**Fresno Barrios Unidos:** (559) 453-9662 <u>www.fresnobaniosunidos.org</u>. Youth and Family supports.

# Fresno County Department of Mental Health Services: (559)600-9180

www.co.f resno.ca.us/departments/behavi0ral-health. M-F 8:00am-5:00pm. Behavioral Health Department is dedicated to community wellness and health protection in Fresno County. Services include mental health and Substance Use Education, Prevention and Treatment.

Fresno County Hispanic Commission On Alcohol and Drug Abuse Services, Inc: (559) 268-647 hispaniccommission.org. DUI and Substance use treatment programs, including residential programs.

**Fresno New Connections:** (559) 248-1548 fresnonewconnections.com. Chemical dependency treatment for clients and families.

Kings View Behavioral Health System: (559) 230-2501. Multiple locations.

www.kingsview.org/contact/locations Providers of behavioral health and substance use treatments.

**LAGS Medical Center:** (559) 272-1295 <u>www.lagsmedical.com</u>. Behavioral Health treatment, services and supports

Mental Health Systems: (559)264-7521 www.mhsinc.org. Recovery services dedicated to helping women through the challenges of recovery from alcohol and drug addiction, as well as co-occurring mental health issues. Services address behavioral health issues through a broad range of prevention, early intervention, integrated treatment, diversion, and vocational programs that are culturally appropriate, and strengths based.

**NAMI Fresno:** 559-224-2469 www.namifresno.org. Providing education and support for families who have a loved one with mental illness. Programs include family and peer support.

**Uplift Family Services:** (559) 248-8550 or Toll Free (800) 948-8550 upliftfs.org/our-services/services-by-region/fresno
Behavioral health and transitional living.

## **EMERGENCY ASSISTANCE**

**2-1-1 Fresno:** www.valley211.org 24-hour emergency referral line: Housing, food, health, job training, translation services, mental health & substance use treatment, and utility assistance.

Catholic Charities: (559) 237-0851 www.ccdof.org/fresno

Provides emergency resource assistance with Food, clothing, and Cal-Fresh. Also provides Representative Payee Program.

Central Valley Suicide Prevention Hotline: 1-888-506-5991

www.centralvalleysuicidepreventionhotline.org /home-cvsph

Metro Area Outpatient Clinic: 4441 E. Kings Canyon Road, Fresno, CA 93702 (559) 600-4099 Provides emergency adult outpatient mental health services as well as community-based specialty mental health services.

Fresno County Economic Opportunities **Commission; Emergency Crisis Program:** (559)

263-1135 www.fresnoeoc.org/programs. Services include: Housing and Shelter, Food and Nutrition, Healthcare, and assistance with energy bills.

## Grief and Loss Support Groups in the Fresno

area: www.griefshare.org

Log in for detailed information - Multiple groups throughout Fresno County.

## Turning Point of the Central California:

(559)237-0846. www.tpocc.org. 638 L Street Fresno, CA 9372

Services include: Employment training and placement, housing, mental health, and Residential Substance Use Treatment.

#### **FOOD**

include.

**Bulldog Pantry**: (559)224-9052 www.thebulldogpantry.org Food Pantry.

## **Catholic Charities Family Resource Center:**

(559) 237-0851 www.ccdof.org Catholic Charities provides emergency food supplies for those with limited resources and information and referral for families seeking shelter. Public and government referrals

Central California Food Bank: (559)237-3663 www.ccfoodbank.org

Provides food to those in need at their location as well as providing food through their mobile distributors. Call or check online for mobile locations.

Evangelicals for Social Action (ESA) Love, Inc: (559) 244-0105 www.esali.org/index.PhP Love Inc. provides food, clothing, repairs, transportation to an appointment, medical and dental care.

## Father Hannibal House Social Service Center: (559) 875-0564

Father Hannibal House provides emergency

food, {formula, assistance with clothing, furniture, baby items and burial.

## Fresno County Department of Social Services:

(559) 600-2300 Cal Fresh 1-800-870-3663 provides monthly benefits to help low-income households to purchase the food they need. Online applications www.benefitscalwin.org

## Life Cathedral:

www.facebook.com/LifeCathedralFoodPantry, www.lifecathedralchurch.org Food Pantry.

### **HOMELESS SERVICES**

EOC Sanctuary Transitional Shelter: (559) 268-1045 www.fresnoeoc.org/transitional-shelter Drop in shelter providing shelter, meals, laundry, and counseling.

## Fresno Rescue Mission; Fresno Medical Respite

Center: (559)237-4118

www.fresnorescuemission.org Provides substance use recovery programs, homeless assistance, food pantry, family support, and 24-hour emergency services with Case Management.

## General Relief - Homeless Food Stamps: (559)600-2650

www.co.fresno.ca.us/departments/socialservices/assistance-programs/general-relief Provides services to access food, cash-aid, and housing assistance.

Naomi's House: (559) 443-1531

www.poverellohouse.org/what-we-do/shelter Low barrier homeless shelter for women.

Poverello House: (559) 498-6988

www.poverellohouse.org

Provides three meals a day, 365 days a year to men, women, and families. Services include clothing distribution, emergency food bags, medical clinic, Men's Resident Rehabilitation program, temporary overnight shelter for men and women, and social services for individuals seeking to end their homelessness situation.

**Salvation Army:** (559) 233-0138 (Fresno) www.fresnocitadel.salvationarmy.org (559) 298-6797 (Clovis)

www.clovisca.salvationarmy.org/clovis-ca-corps Salvation Army provides meal assistance, bill pay assistance, help with addiction as well as providing transitional programs.

Warming Center: (559) 264-5096. Seasonal warming center - cold weather shelter. Call for current information.

### JOBS AND EMPLOYMENT

Fresno County Public Library: (559) 600-READ (7323) www.fresnolibrary.org/reflemp.html Job search links.

Workforce Connection: (559) 230-3600 www.workforce-connection.com Designed to connect the job seeker to job search, assistance with writing your resume, retraining for a new position and/or referral to partnering agencies and community resources.

#### **NATIONAL CRISIS NUMBERS**

Crisis Text Line: Text Trained crisis Counselors about anything that's' on your mind. Text "GO" to741741. It is FREE and Confidential 24/7. www.crisistextline.org/text-us

Love is Respect National Dating Abuse

Helpline: 1-866-331-9474 www.loveisrespect.org

National Suicide & Crisis Hotline: 1-800-273-

TALK (1-800-273-8255)

www.suicidepreventionlifeline.org

National Suicide & Crisis Hotline: Hearing and Speech impaired 1-800-799-4TTY (1-800-799-4889 www.suicidepreventionlifeline.org

National Suicide & Crisis Hotline: Native American 1-800-273-TALK (1-800-273-8255) www.suicidepreventionlifeline.org

National Suicide & Crisis Hotline Military Crisis

Line: 1-800-273-8255

Press 1 (or text 838255) - Crisis support for current or former U.S. military personal and their families. www.veteranscrisisline.net

National Domestic Violence Hotline: 800-799-SAFE (7233) or text TELLNOW to 85944 www.thehotline.org. A 24-hour hotline for any type of domestic abuse, including dating abuse and cyberstalking.

**National Eating Disorders Association** 

&helpline: 800-931-2237

www.nationaleatingdisorders.org

National Child Abuse Hotline: 1-800-4-A-chird (1-800-422-4453) or text CHILDHELP to 847411 -Operates 24/7 hotline with professional crisis counselors who, through interpreters, can aid in 170 languages. www.childhelp.org

Rape Abuse & Incest National Network (RAINN): 800-656-HOPE More than 1,100 trained volunteers are on duty and available to

help victims at RAINN-affiliated crisis centers across the country. www.rainn.org

Sanctuary Runaway Safeline: 1-800-RUNAWAY

(1-800-786-2929) or text 66008

www.1800runaway.org

The Trevor Project LGBTQ: 24/7,365 Days, Trevors Life Line: 1-866-488-7386. Or Text "START" to 678678 Live chat at:

www.thetrevorproject.org

### **SOBER LIVING ENVIRONMENTS**

Evangel House: (559) 264-4714 www.evangelhome.com

Sober living for women and children.

## **PERMANENT HOUSING SOLUTIONS**

Housing Authorities of the City and County of Fresno: (559)443-8400 1-800-735-2929 TTY www.hafresno.org. Emergency housing and

permanent housing programs.

## **VETERANS BENEFITS**

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CAL-VET California Department Of Veteran

**Affairs:** (916) 539-2431 www.calvet.ca.gov To serve and honor all California veterans by connecting them and their families with their earned benefits through education, advocacy, and direct services,

Fresno Vet Center: (559) 487-5660 www.va.gov/directory/guide/facility.asp?ID = 514. Services include resources for housing, homeless issues, mental health, PTSD, substance use treatment. For assistance after hours, weekends, and holidays call:1-877-927-

*Veterans Crisis Line:* (800) 273-8255 press 1, 24-hour crisis Help Line

Veterans Service Office: (559) 600-5436 www.co.fresno.ca.us/departments/social-services/veterans-service-office Services to veterans, their dependents, and their survivors; duties consist of filling accurate claims in obtaining benefits/entitlements from the U.S Department of Veterans Affairs (VA), Department of Defense (DOD), State and local programs.

Veterans Resource Center (VRC): (559) 600-7323 www.fresnolibrary.org/vets/index.html Housed in the Fresno county Library, VRC provides resources to veterans for housing, shelter, food, benefits, mental health/substance use treatment and counseling, physical and dental care.

VA Hospital Fresno Main: (559) 225-6100 Appointments Ext5332. Eligibility Ext 6950. Mental Health Ext 5468. www.fresno.va.gov Emergency Room Hours: 2417 Clinic Hours: M-F, 8:00 am - 4:30 pm, excluding holidays. Cafeteria Hours: M-F, 7:30 am - 2:30 pm.

**Veterans Home of California Fresno:** (559)493-4400. Long-term assisted care facility, for veterans aged 55 and older.

## **LEGAL ASSISTANCE**

California Rural Legal Assistance, Inc: (559) 441-8721www.crla.org
A nonprofit legal service program created to help California's low-income individuals and

help California's low-income individuals and communities.

Central California Legal Services: 1-800-675-8001. (559) 570-1200. (559) 570-1256 TTY www.centralcallegal.org
Public interest law firm established for the purpose of providing free civil legal assistance to low-income individuals, families, organizations, and communities.

### **TRANSPORTATION**

**Auberry Transit:** 1-800-325-7433

www.ruraltransit.org

Local inter-community services between foothill communities are available M-F, 8:00a.m. - 3:00 p.m. Intercity services to the Fresno-Clovis Metropolitan Area are available from 8:00 a.m. - 5:00 p.m. on Tuesdays.

Consolidated Transportation Service Agencies: (559) 486-6587 or 1-800-325-7433 www.fresnoeoc.org/services/transit/transit-systems.html

**Fresno Area Express:** (559) 621-7433 www.fresno.gov/DiscoverFresno/publicTranspo rtation/default.htm