



# Breakfast QUESADILLA

## INGREDIENTS

- 3 eggs
- Flour Tortillas
- Shredded Cheese
- Salt and Pepper
- Fresh Salsa

## INSTRUCTIONS

- In a bowl, crack 3 eggs. Add salt and pepper to taste, then with a whisk, mix the eggs.
- Spray a pan with a little non-stick spray and turn on medium heat. Add the egg mixture and stir as the eggs cook.
- Cut a flour tortilla in half, and place one half in a pan. Add cheese and scrambled eggs, and cover with the other half of the tortilla.
- Cook until the tortilla starts to crisp up, and then flip over to crisp the other side.
- Remove from the heat and cut into triangles. Serve with fresh salsa.