

Peach Cobbler

SMOOTHIE

Nutrition Facts

Serving Size: 0.5 × full recipe

Amount Per Serving		% Daily Value*
Calories	232.2 kcal	12 %
Total Fat	3.4 g	5 %
Saturated Fat	1.5 g	7 %
Trans Fat	0.1 g	
Cholesterol	7.7 mg	3 %
Sodium	72.7 mg	3 %
Total Carbohydrate	44.9 g	15 %
Dietary Fiber	4.6 g	19 %
Sugars	28.8 g	
Protein	8.4 g	17 %
Vitamin A	22 % • Vitamin C	10 %
Calcium	19 % • Iron	9 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

[Full Info at cronometer.com](https://cronometer.com)

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