

Community Resources

for Students in Recovery*

Allies and Families

Al-Anon

Support group for friends and families of problem drinkers.
al-anon.org
888.425.2666

Gam-Anon

12-step for those affected by the gambling problem of another.
gam-anon.org
718.352.1671

Nar-Anon

12-step recovery for families and friends of addicts.
nar-anon.org
800.477.6291

S-Anon

12-step recovery program to help those who have been affected by the sexual addiction of another.
sanon.org

General Support

Counseling and Psychological Services (CAPs)

A safe place for Fresno State students to express their thoughts, feelings and concerns.
fresnostate.edu/health
559.278.2734

Eating

Food Addicts in Recovery Anonymous

Based on the 12-step AA program.
foodaddicts.org

Overeaters Anonymous

Physical, emotional and spiritual recovery for those who suffer from compulsive eating.
oa.org
505.891.2664

Sex

Sexaholics Anonymous

12-step recovery program for those who want to stop their sexually self-destructive thinking and behavior.
safresno.org
559.221.4544

Sex Addicts Anonymous

12-step for sex addicts.
saa-recovery.org

Other Addictions

Dual Recovery Anonymous

12-step for dual diagnosis (chemically dependent and affected by an emotional or psychiatric illness)
draonline.org

Gamblers Anonymous

12-step recovery program to recover from gambling problem.
gamblersanonymous.org

Drugs and Alcohol

Narcotics Anonymous

12-step program focusing on narcotics.
na.org

Central Valley Celebrate Recovery

A Christ-centered recovery program.
celebraterecovery.com

Life-Ring Secular Recovery

Sober, secular and self-directed peer to peer support.
lifering.org
800.811.4142

Tulare United Fresno Young People in AA

Opportunities for young AAs to regularly come together and share.
tufypaa.org

Wellbriety Recovery Circles

Sobriety, recovery, addictions prevention and wellness/wellbriety learning resources to the Native American/Alaska Native community.
whitebison.org
877.871.1495

FRESNO STATE

Student Health and Counseling Center

A Department in the Division of Student Affairs and Enrollment Management

*Inclusion on this list does not constitute endorsement by Fresno State or the Student Health and Counseling Center.