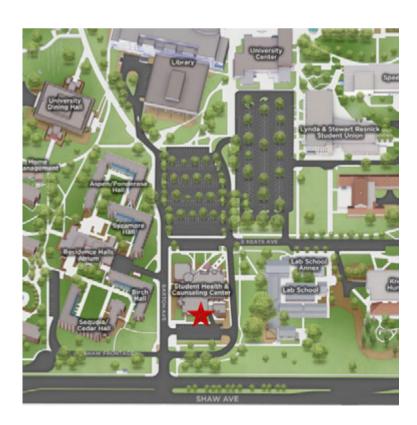


The Bulldog Thrive Plan is FREE to Fresno State students, as part of your fees pay for the medical, counseling, and wellness services offered right here on campus at the SHCC.

To make an appointment via MyBulldogHealth, follow us on social media, or learn more about the SHCC. scan the OR Code!





Explore Your Plan



The Student Health and **Counseling Center** (SHCC) is here to help you be the best version of yourself.

That's why when you are enrolled at Fresno State. your healthcare needs are taken care of!

Our center is open Monday through Friday from 8 a.m. to 4:45 p.m., with limited services from 12 to 1 p.m.

Your success at Fresno State matters to us.

For additional questions about all of the services listed here, please call 559.278.2734.

Thrive with us on social media!





@FSHealthCenter

FRESN@STATE.

Student Health and Counseling Center



Rev. 1/2025

BULLDOG THRIVE PLAN

TARIJE AT FRESNO STATE

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Medical Services

Counseling and Psychological Services

Your Student Health Fee pays for the following medical services.

- Primary Care Services
- Pharmacy
- Sexual Health
 Birth Control, etc.
- STI Testing*
- Immunizations
- Gender Affirming Care
 (Hormone
 Replacement Therapy)
- Labs/X-Rays
- Medication Abortions* and Contraceptives

Additional Referral

Services:

- Physical Therapy
- Dermatology
- Endocrinology

*potential costs.

Your Student Health Fee pays for the following counseling and psychological services.

Counseling offers a safe place to express your thoughts, feelings and concerns. Counseling appointments are typically 50 minutes, and students can participate in counseling sessions via Zoom or in person.

- Individual Counseling
- Group Counseling
- Couples Counseling
- Crisis Intervention
- Psychiatry
- After Hours Counseling
- Referral Counseling ("Let's Talk")

Wellness Services

Your Student Health Fee pays for the following wellness services.

- NutritionConsultations
- Confidential
 Survivor
 Advocacy
 Support and
 Advice (Sexual
 Assault, Domestic
 Violence and
 Stalking)
- Flu Shot Clinics
- Mental Health
 Screening Day
- Immunization Clinics
- Wellness
 Wednesday
- WATCHDOG
 Safety Summit
 (CPR)
- Wellness Retreat Wellness
- Keeping it
 Sexually Safer
 (K.I.S.S) program

- Bulldogs 4
 Recovery
- Parent Scholars
- e-Check up to
 Go (Alcohol and
 Cannabis Online
 Educational
 Modules)
- Wellness On
 Demand
 Presentations
 (Classroom and
 Health
 Education
- Outdoor Fitness
 Court (Outside
 of North Gym)
- Student REC Center

Programs)

WellnessVendingMachine in RSU