... but I DID Study!

So you studied and studied and still didn’t get the outcome you wanted on your last exam? Use this check list to see everything you possibly could do to pass that test!

- Start studying 5 – 10 days before the exam date and continue to study every day until the exam date
- Spend a portion of study time in a group of at least 3 people
- Study each chapter and coordinate textbook readings with the lectures
- Write possible test questions and be able to answer them without hesitation
- Verbally summarize each chapter within a few minutes without looking at notes
- Make a list of all terms, concepts and theories
- Restate all definitions, concepts, etc. in your own words both orally and in writing
- Link authors and their ideas/theories/concepts or people with dates of importance
- Complete all study guides
- Review past tests, quizzes, etc. and determine areas of weakness
- Discuss past “problem” quizzes with your instructor during office hours - not just during class
- Actively read all assigned readings and be able to restate the main points in your own words
- Use the textbook and/or supplemental material to clarify terms or ideas that are not clear
- Create flashcards and use them forwards and backwards
- Look at the publisher’s website of the textbook to find additional material that is available online
- Go to tutoring or supplemental instruction sessions
- Practice the 3 R’s ... Read, Recite and Review
- Get a good night’s sleep the night before the test
- Eat a healthy breakfast the day of the test
- Meet with your instructor during office hours regarding exam materials and helpful hints

Adapted in part from Heidi Brown (1998) and “Foundations for Learning” (Hazard & Nadeau 2012)