

## EXAM AUTOPSY

Check What You Did Before the Exam	Check What You Did During the Exam
<input type="checkbox"/> Read and highlighted/underlined the textbook.	<input type="checkbox"/> Glanced through the exam before doing any work.
<input type="checkbox"/> Combined notes from the text with lecture notes.	<input type="checkbox"/> Read the instructions carefully.
<input type="checkbox"/> Prepared a study guide.	<input type="checkbox"/> Completed the easiest questions first.
<input type="checkbox"/> Got assistance from a TA or the professor.	<input type="checkbox"/> Asked for clarification of unclear questions.
<input type="checkbox"/> Got ample sleep the night before the test.	<input type="checkbox"/> Underlined key words in questions.
<input type="checkbox"/> Previewed previous notes before the next lecture.	<input type="checkbox"/> Became so anxious that it affected my performance.
<input type="checkbox"/> Attended SI or tutoring sessions	<input type="checkbox"/> Budgeted my time based on the question weight.
<input type="checkbox"/> Attended all lectures.	<input type="checkbox"/> Skipped hard questions and returned to them later.



### So now what do I do with all of this???

Look at where you had the most difficulty from the Exam Autopsy Worksheet. Were most of your missed questions because of insufficient information or were they a result of careless mistakes?

Identifying where you struggle the most can help to pinpoint specific tactics for you to use either in preparation for or during the test. Based on where you struggle the most, try some of the following approaches to improve before your next exam.

Insufficient Information or Lack of Test Wisdom:	Text Anxiety or Careless Mistakes:
<ul style="list-style-type: none"> <li>✓ Attended tutoring, supplemental instruction and or study/groups</li> <li>✓ Keep up with the material – falling behind can make you feel overwhelmed and even less motivated!</li> <li>✓ Clarify concepts by asking questions during lecture and participating in class discussions.</li> <li>✓ Visit the professor’s office hours.</li> <li>✓ Review: Getting it Write – Lecture Note Taking toolkit, Remember What? Memory Improvement and Reading Worksheet.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Underline key words in questions so you can keep track of important information and directions.</li> <li>✓ Skip difficult questions and return to them later – your brain may need more time to process the information.</li> <li>✓ Ask for help during the exam for clarification</li> <li>✓ Review: Essay Test Tactics and Objective Test Tactics (True/False and Multiple Choice)</li> </ul>

### RECOMMENDED APPS

Reminders App 	Google Keep 	Study Blue 
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