

The Ultimate Study Checklist

Sometimes student study and they do not get the outcome they had hoped. Use this checklist to review all the options for studying for success!

- Start studying 5 – 10 days *before* the exam date and continue to study every day until the exam dates
 - Spend a portion of study time in a group of at least 3 people
 - Study each chapter and coordinate textbook readings with the lectures
 - Write possible test questions *and* be able to answer them without hesitation
 - Verbally summarize each chapter within a few minutes *without* looking at notes
 - Make a list of all terms, concepts, and theories
 - Restate all definitions, concepts, etc. *in your own words* both orally and in writing
 - Link authors and their ideas/theories/concepts or people with dates of importance
 - Complete all study guides
 - Review past tests, quizzes, etc. and determine areas of weakness
 - Discuss past “problem” quizzes with your instructor during office hours - not just during class
 - Actively read all assigned readings and be able to restate the main points in your own words
 - Use the textbook and/or supplemental material to clarify terms or ideas that are not clear
 - Create flashcards and use them frontwards and backwards
 - Look at the publisher’s website of the textbook to find additional material that is available online
 - Go to tutoring or supplemental instruction sessions
 - Practice the 3 R’s ... Read, Recite and Review
 - Get a good night’s sleep the night before the test
 - Eat a healthy breakfast the day of the test
 - Meet with your instructor during office hours regarding exam materials and helpful hints
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Additional Resources:

Study Strategies | Ohio University

<https://www.ohio.edu/university-college/first-year-student-transitions/study-strategies>

- The Five Step Study Cycle to study more effectively
- Study session recommendations
- Tips for note and test taking

Ten Study Methods That Work by Chadron State College

<https://www.csc.edu/learningcenter/study/studymethods.csc>