Auditory Learning Tactics

Auditory learners generally learn best by listening and talking aloud. They typically notice and remember sounds. They are often very adept at remembering things that they hear or say aloud. They also tend to be good with words and language. Auditory learners often read to themselves, either silently or aloud as they study. They also tend to be distracted by noise and sounds.

In Class
- Attend classes
- Participate in class discussion and study groups
- Use a recorder
- Sit towards the front of the classroom
- Leave space in notes for "recall" later

Study
- Convert notes to audio format - record yourself!
- Read & recite out loud
- Eliminate auditory distractions (music, television, or other noises)
- Use rhymes, jingles or create lyrics to your favorite song about course material

Test-taking
- Recall the information in your head
- Imagine talking to the teacher, then write it down

Adapted in part from University of Western Ontario – Learning Styles and VARK – A Guide to Learning Styles