

Classroom success: SQ3R active reading

Having trouble engaging with your reading? Use this toolkit to build a framework that helps you break down your reading assignment.

SQ3R active reading is a reading technique that consists of five steps that helps you get the most out of your reading assignments by creating notes from your reading that promote deeper learning.

Survey

Carefully pre-read the chapter. Look at the title, subtitles, boldface and italics, graphs and diagrams, summary and/or conclusion, and end-of-chapter questions to get a “big picture” view of the reading.

Question

Reading is a thinking process; inquiry makes you an active reader. Formulate questions before you read. Convert titles, subtitles, etc. into questions. Write these down.

Read

Thoroughly read the chapter and fill in the answers to your questions as you go along. Important: Read for meaning, not only the answers! Write down any information you sense is important.

Recite

Talk to yourself. Read your questions, answers and notes out loud. Translate key ideas and new terms into your own words. Research any answers or information that don't seem clear enough.

Review

Reread your notes as often as possible. Frequent review enables you to better retain the material.



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★ *How can you customize the SQ3R method to better suit your own needs?*

★ *Considering you must have enough time to effectively use the SQ3R method, when can you incorporate it in your weekly study schedule?*

My commitment is...