



College success: Tips for your first year

Use this toolkit to explore different ways to ease your transition into college! Expectations in college are different than those in high school, so keep these tips in mind as you navigate your first year.

Adapt to differences:

- Learn to adapt to different personalities, teaching styles, and expectations.
- It's best to learn these expectations early on in the semester so that you are better prepared.

Be prepared:

- Make sure you are on time, stay for the entirety of the class, and attend class regularly.
- If you plan to miss class, let your instructor know ahead of time.

Participate:

- Sit close to the front of class- this makes it easier to focus.
- Contributing to class discussions will help you stay engaged in class.

Communicate:

- Don't hesitate to contact your instructor any time you have a question or concern. If you don't feel comfortable raising your hand in class, you can send them an email or attend office hours.

Get connected:

- Be sure to have contact information of at least one student in each class. You can ask them questions or rely on them for information if you miss a class.
- When involved in group work, keep your commitment to do your share of the work and remember to be open to new ideas and viewpoints.

Homework:

- Completing your homework, even if it is not graded, will ensure you are keeping up with the class material.
- Completing extra credit work can make a big difference at the end of the semester, so make sure to take advantage of any opportunities.





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★ *Which do you feel you struggle with the most?*

★ *What can you do to start making changes?*

My commitment is...