

Read, Recite, Review

A more significant and efficient way to



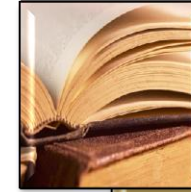
Read

- Read a passage, term, or concept that you need to memorize
- Remember to CHUNK study time, don't cram



Recite

- Recite out loud all of what you can remember
- Recall the information out loud to yourself, a friend, or even your dog!



Review

- Read the passage, term, or concept that you need to memorize *again*
- Make notes of any information you couldn't recall

READ, RECITE, REVIEW

The 3R Method had been shown to improve performance, relative to re-reading only and note taking.
SAVE TIME – Use the 3R Method when you are exercising, waiting in line, walking to class, and so on.